VOLUNTEER WAIVER AND RELEASE FORM

Aliso Creek Cleanup May 22 (10 am to 12 pm)

Voluntary Participation

| | have agreed to volunteer my services at the |
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| | 2010. I am informed and understand that the |
| Activity is sponsored by the City of Lake Forest | ("City"). |
| The work to be performed at the A | Aliso Creek Cleanup is outlined below: |
| 1. Pick up litter with protective gloves and place | in plastic bag. |
| 2. Empty litter bags in trash bin. | |
| 3. Obtain permission from staff before going do | wn into creek area. |
| I agree that I will not perform any work beyond | the scope of work outlined above. |

I am familiar with the safe operation and use of machinery, equipment and tools that I may utilize in connection with the Activity, and I will not undertake to use any machinery, equipment or tools with which I am unfamiliar or do not know how to operate safely. I have received appropriate instruction regarding this Activity, including appropriate safety and emergency procedures. I fully understand those instructions, and I agree, after proper inspection, to use only the supplies, tools and equipment provided by Activity organizers. I will perform only those tasks assigned, observe all safety rules, and use care in the performance of my assignments.

I specifically acknowledge that I am engaging in this Activity as a volunteer and not as a City of Lake Forest employee, agent, official, officer or representative.

I further understand that the City provides no compensation for my services and that I am not entitled to any benefits from the City, including but not limited to workers' compensation benefits.

Assumption of Risk

I understand that there are risks of injury, death and damage to property from performing volunteer services for the City. I attest and verify that I possess the physical fitness and ability to perform the work that I have volunteered to perform and that I have no physical limitations that would affect my participation. If I do not feel that I am capable of performing the work, I assume the responsibility of informing whomever is designated as the Manager or Director of the Activity.

In consideration for being allowed to provide volunteer services, I hereby assume the risk of, and responsibility for, any such injury, death or damage which I may sustain arising out of or in any way connected with performance of the volunteer services, including injury, death or damage resulting from any acts or omissions, whether negligent or not, or any property or equipment owned or supplied by or on behalf of the City, their officials, officers, employees, agents, volunteers, and any other promoters, operators or co-sponsors of the Activity.

Release and Indemnification

In consideration for being allowed to provide volunteer services, I hereby release, waive and discharge the City, their officials, officers, employees, agents, volunteers, and any other promoters, operators or co-sponsors of the Activity, from any and all liability, claims, or causes of action arising out of or in any way connected with my performance of volunteer services, or upon their acts or omissions, whether negligent or not ("Waiver"). I agree to this Waiver on behalf of myself, my heirs, executors, administrators and assigns.

As further consideration for being allowed to provide volunteer services, I hereby agree, on behalf of myself, my heirs, executors, administrators and assigns, to indemnify and hold harmless the City, their officials, officers, employees, agents, volunteers, and any other promoters, operators or co-sponsors of the Activity, from any and all claims for compensation, personal injury, property damage or wrongful death caused by my negligence or willful misconduct, in the performance of volunteer services.

Knowing and Voluntary Execution

I have carefully read this Waiver and Release Form and fully understand its

| Print Name | Date |
|---------------------------|----------------------|
| Signature | <u> </u> |
| Address | |
| Daytime Phone Number | Evening Phone Number |
| PERSON TO CONTACT IN CASE | OF EMERGENCY: |
| Name | Relation |
| Address | |
| Daytime Phone Number | Evening Phone Number |